

wellspring



a formation process for youth ministry leaders

Are you serving as a youth ministry leader in the Archdiocese of St. Louis? Would you benefit from collaborating with a cohort of fellow youth ministers, one on one mentorship and ongoing formation? The Wellspring formation process could be for you!

Launching in September of 2021 Wellspring will offer three tiers of workshops for youth leaders to grow in the human, spiritual, pastoral and intellectual pillars of formation. The guiding documents in planning this process included *Renewing the Vision*, *Coworkers in the Vineyard*, *Cristus Vivit*, *the National Certification Standards for Lay Ecclesial Ministers* and *Joy of the Gospel*. Participants will walk away with in-depth youth ministry formation, three certificates of completion, a certification in Youth Mental Health First Aid, greater collaboration with other diocesan youth ministers and solid training under each of the four pillars of formation.

After 18 months of listening to priests and youth minister needs, seeking out comparable programs, and in depth planning the Office of Youth Ministry stands by Wellspring and the formation that it will provide to the youth leaders of the Archdiocese of St. Louis. We look forward to joining you in the process!

Getting Started with Wellspring

Step 1: Submit an Application

Youth ministers, with the support of their pastor, can apply for a seat in the Wellspring process. Through the application, participants are making a commitment of their time to both the first tier of the program and to their fellow youth ministers who will be in their cohort. Registration for our first two cohorts will open on June 21, 2021 and workshops will begin in September.

Step 2: Register with the Catechetical Institute

Once placed in a cohort, all participants will need access to the Catechetical Institute through Franciscan University. Multiple payment plans are available for either a parish or an individual membership. The most cost effective option is a parish subscription at **\$300 per year**. This gives all parishioners access to the Institute.

Step 3: Begin Tier I, Foundations of Youth Ministry

The first tier, Foundations of Youth Ministry, is completed within the context of a cohort and alongside a mentor from the OYM Team. Foundations will kick off with a half day, in person, workshop to get started and meet your mentor and cohort members. The remainder of Foundations will be completed through a mix of pre-scheduled zoom meetings and on the participants own time.

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YOUTH MINISTRY



ARCHDIOCESE OF ST. LOUIS

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Tier I: Foundations of Youth Ministry

- 5 workshops: 5 hours of video content and 10-15 hours of cohort and 1-on-1 mentor meetings.
- Completed as a cohort of 6-8 youth ministers with 2 OYM staff members.
- Can be completed at a 4 month or 8 month pace.

Topics include:

Healthy youth ministry • personal spiritual life • sacramental life • kerygma • the trinity
youth culture and youth development • professional development • evangelization • healthy boundaries
communication • vocational discernment in youth ministry • self-assessment and peer review

Tier II: Called and Equipped

- 10 workshops: 10 hours of video content and 20-30 hours of mentor and in-person meetings.
- Obtaining Certification in Youth Mental Health First Aid is required.
- Will be completed at the pace of the participant and their mentor.
- Participant must have already completed Foundations prior to starting Tier II.

Topics include:

Discernment • community life • staff relationships • administration • meeting preparation • lectio divina
prayer • the Holy Spirit • spirituality of suffering • Marian devotion • the creed • Paschal Mystery • Kerygma
basic Bible timeline • planning and logistics • volunteer management and recruitment

Tier III: Renewal in Mission

- 10 workshops: 10 hours of video content and 20-30 hours of mentor and in-person meetings.
- Some workshops will be chosen as electives based on need.
- Will be completed at the pace of the participant and their mentor.
- Participant must have already completed Called and Equipped prior to starting Tier III.

Topics include:

Virtue • cultural competency and bias • community engagement • Christian leadership • discernment of spirits • interior life
moral theology • church history • doctrine • apologetics • typology • Pauline literature • the Person of Christ
strategy and mission • accompanying teens through discernment • partnering with families • conflict management

Need based scholarships for the Catechetical Institute are available through the Office of Youth Ministry.

Questions? Let's connect! stlyouth@archstl.org or 314-792-7650