

# Totus Tuus Missionary Quick Guide

# What is Totus Tuus?

## The Mission and Method

Totus Tuus is a summer Catholic youth program dedicated to sharing the Gospel and promoting the Catholic faith. Totus Tuus assists parents and parishes by supplementing the work they are already doing.

The mission of Totus Tuus is to help the youth served *and* missionaries develop their relationship with Christ and His Church for lifelong discipleship.

Totus Tuus is concerned not only with teaching the faith, but also igniting the hearts of the team members and young people. The result has been the formation of disciples who continue to dedicate themselves to the Church.

Additionally, the daily schedule of the missionary revolves around Holy Mass, the Sacraments, and prayer. A summer given entirely to God and to the young people of this diocese would not be possible otherwise.

**“Modern man  
listens more  
willingly to  
witnesses than to  
teachers, and if he  
does listen to  
teachers, it is  
because they are  
witnesses”**

***Evangelii Nuntiandi***





# The Pillars

## Simple Focus for Fruitful Ministry

### Eucharist

Everything that occurs in a week of Totus Tuus is centered on the Eucharist. Each day and with each lesson, the missionaries desire to bring every young person into a relationship with Jesus. This aim points each to encounter Christ present at Mass.

### Marian Devotion

Totus Tuus missionaries spend a week leading young people to Christ, but Mary will lead them to her Son every day. A rich relationship with Our Lady is an essential part of Totus Tuus and life of every Catholic.

### Catechesis

Totus Tuus presents “Kerygmatic Catechesis” where infused in every aspect of the program is an invitation to conversion. Authentic and orthodox teaching is shared and ordered to forming disciples.

### Vocational Discernment

First and foremost, missionaries share how and why to pray. Youth are invited to listen to God’s voice in their life and courageously answer His call.

Missionaries are a witness to this response as they are actively discerning their vocations.

### Fun

More than just entertainment, Totus Tuus is a joyful encounter with the Lord. Missionaries are an example of the “lived Gospel”. Each young person is able to be themselves and enjoy games, skits, songs, lessons, stories, a water fight and more.

# Evangelization and Catechesis

## The Method

### What is a "Kerygmatic Catechesis"?



Evangelization is the proclamation of salvation in Jesus Christ, in order to reconcile man with God

Evangelization aims to convert man, his culture, and the culture as a whole

Evangelization consists in the implantation of the Church; the culmination which is the Eucharist

One who evangelizes will desire a deep catechesis of self and neighbor



Catechesis is the totality of the Church's efforts to make disciples and educate them in the faith

Catechesis is an essential moment in the process of evangelization

Catechesis is systematic and must continually share the Kerygma; to bring man into the fullness of life in the Church

A catechized Christian in turn will evangelize having matured in the faith

Totus Tuus follows an "Ecclesial Method", placing catechesis and evangelization within the vision of the Church's life.

# Why Totus Tuus?

## The Call for Missionaries

Totus Tuus missionaries bring the hope and love of Christ to youth. Embracing the mission of the Church to make disciples of all nations, you will experience a summer unlike any other. It will be one of the hardest experiences you will ever **love**. If you desire to grow as a Catholic leader and give entirely of yourself, then Totus Tuus is for you.

**“Each day I had the opportunity to work with others striving for and leading others to Heaven”**



---

Totus Tuus provides intellectual, spiritual, human, and pastoral formation in a community setting that fosters lifelong Catholic mission. It is a time of authentic friendship, faith, and joy.



# Totus Tuus Logistics

## Schedule and Pay

Please understand that you are committed to serving as a Totus Tuus missionary on the dates below

Date	Activity
May 22-May 31	Training
June 2-8	Parish Week
June 9-15	Parish Week
June 16-22	Parish Week
June 23 - June 29	Parish Week
	Mid-Summer Review
June 30- July 6	Mid-Summer Break
July 7-13	Parish Week
July 14-20	Parish Week
July 21-27	Parish Week
	Exit Interviews
July 27	End of Summer Debrief

## Pay

Each missionary is paid \$3,300 for the summer. Training is provided. Missionaries share a car and are provided housing and most meals throughout summer.





# Answer the Call

## Qualities of a Totus Tuus Missionary

### 1. Humility

Do you put the needs of others before your own, particularly teammates and youth? I am open to fraternal correction or am I “coachable”? I understand that God comes first, others second and myself last.

### 2. Generous and Joyful

Be generous with your time, effort, and self. Are you giving your all to God? Hospitality goes far beyond the simple acts and can make so much of a difference. Joy brings peace and opens the door to faith.

### 3. Authentic

Do you know who you are in light of Christ? With peers or the youth, do you share this true self – with all your gifts and shortcomings? Can you love as Christ and forgive too? Missionaries are witnesses of faith because they are seeking to be who God made them to be.

### 4. Adaptable

There is a lot that goes on in a week, even a day, of Totus Tuus. Are you flexible and charitable when it comes to change? A missionary prepares well, but anticipates and can quickly adapt to change when it arrives.

**“In the most significant way since entering seminary, I was made aware of the benefits of giving all to the Lord. Through countless situations, I saw God leading me beyond the limits I set for myself”**



**Connect with us to apply!**

[www.stlyouth.org](http://www.stlyouth.org)